

Week 1

The Willow Menu Week 1

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Mains	Mains	Mains	Mains	Mains	Mains	Mains
Beef Casserole	Pork in Cider Gravy	Roast Chicken Breasts in Gravy	Pork & Apple Casserole	Battered Fish	Chicken, Cheese & Bacon Bake	Roast Beef in Gravy
or	or	or	or	or	or	or
Shepherds Pie	Salmon in Provençale Sauce	Steak Pie with Flaky Pastry	Moroccan Lamb	Salmon Crumble	Curried Lamb, Potato & Tomato	Sliced Turkey in Gravy
Served with	Served with	Served with	Served with	Served with	Served with	Served with
West Country Cheddar Mash	Mashed Potato	Roasting Potatoes	West Country Cheddar Mash	Chips	Vegetable Rice	Mashed Potato
or	or	or	or	or	or	or
Saute Potatoes	Potato Lyonnaise	Mashed Potato	Vegetable Rice	Mashed Potato	West Country Cheddar Mash	Roasting Potatoes
Sliced Carrots	Peas	Cut Green Beans	Broccoli	Mushy Peas	Cut Green Beans	Red Cabbage with Apple and Port
&	&	&	&	&	&	&
Vegetable Medley	Mashed Root Vegetables	Cauliflower	Carrot Tips	Cabbage	Mashed Root Vegetables	Sliced Carrots
Dessert	Dessert	Dessert	Dessert	Dessert	Dessert	Dessert
Sticky Toffee Pudding	Spotted Dick	Chocolate Chip Sponge	Summer Fruit Crumble	Bread & Butter Pudding	Apple Pie	Syrup Sponge
with	with	with	with	with	with	with
Custard, Cream or Ice Cream	Custard, Cream or Ice Cream	Custard, Cream or Ice Cream	Custard, Cream or Ice Cream	Custard, Cream or Ice Cream	Custard, Cream or Ice Cream	Custard, Cream or Ice Cream
Clotted Cream Rice Pudding	Stewed Apple	Rice Pudding with Sultanas	Semolina Pudding	Rice Pudding with Nutmeg	Cooked Summer Fruits	Rice Pudding
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Tea	Tea	Tea	Tea	Tea	Tea	Tea
Soup Entree	Soup Entree	Soup Entree	Soup Entree	Soup Entree	Soup Entree	Soup Entree
Minestrone Soup	Cream Of Chicken Soup	Pea & Ham Soup	Scotch Broth	Leek & Potato Soup	Tomato Soup	Chicken Broth
Mains	Mains	Mains	Mains	Mains	Mains	Mains
Pasta Shells in Creamy Cheese Sauce	Cauliflower Cheese	Quiche Lorraine	Fishcakes	Toad in the Hole	Potato Cheese & Leek Bake	7" Premium Sausage Roll
with	with	with	with	with	with	with
Mixed Vegetables	Potato Wedges	Baked Beans	Mushy Peas	Mashed Potato	Mixed Vegetables	Baked Beans

Allergen information for all dishes is available from the kitchen should it be required