

Week 3

The Willow Menu Week 3

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Mains	Mains	Mains	Mains	Mains	Mains	Mains
Baked Chef's Steak & Kidney Pie	Lamb Casserole	Roast Chicken Breasts in Gravy	Pork Loin In Apple & Sage Sauce	Battered Cod	Shepherds Pie	Roast Lamb in Gravy
or	or	or	or	or	or	or
Chicken & Vegetable Casserole	Salmon Crumble	Lamb & Mint Pie	Corned Beef Hash	Salmon in Provençale Sauce	Chicken Tikka Masala	Sliced Turkey in Gravy
Served with	Served with	Served with	Served with	Served with	Served with	Served with
West Country Cheddar Mash	Mashed Potato	Roasting Potatoes	Saute Potatoes	Chips	Mashed Potato	Roasting Potatoes
or	or	or	or	or	or	or
Vegetable Rice	Potato Lyonnaise	Boiled Potatoes	Mashed Potato	West Country Cheddar Mash	Vegetable Rice	Mashed Potato
Sweetcorn	Sliced Carrots	Mashed Root Vegetables	Cabbage	Peas	Broccoli	Mashed Swede
&	&	&	&	&	&	&
Cauliflower	Peas	Minted Summer Vegetables	Sliced Carrots	Mixed Vegetables	Red Cabbage with Apple & Port	Creamed Cabbage
Dessert	Dessert	Dessert	Dessert	Dessert	Dessert	Dessert
Mixed Fruit Pie	Sticky Toffee Pudding	Lemon Sponge	Plum & Cherry Pie	Raspberry Pudding	Chocolate Sponge with Cherries	Bread & Butter Pudding
with	with	with	with	with	with	with
Custard, Cream or Ice Cream	Custard, Cream or Ice Cream	Custard, Cream or Ice Cream	Custard, Cream or Ice Cream	Custard, Cream or Ice Cream	Custard, Cream or Ice Cream	Custard, Cream or Ice Cream
Semolina Pudding	Rice Pudding with Nutmeg	Cooked Summer Fruits	Rice Pudding with Sultanas	Rice Pudding	Rice Pudding	Stewed Apple
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Tea	Tea	Tea	Tea	Tea	Tea	Tea
Soup Entree	Soup Entree	Soup Entree	Soup Entree	Soup Entree	Soup Entree	Soup Entree
Mushroom Soup	Carrot & Corriander Soup	Vegetable & Herb Soup	Leek & Potato Soup	Red Lentil Broth	Tomato Soup	Pea & Ham Soup
Mains	Mains	Mains	Mains	Mains	Mains	Mains
Cheesy Jacket Potato	Potato Topped Chicken Pie	Cauliflower Cheese	Macaroni Cheese	Pasta Carbonara	Cheese and Mushroom Omlettes	Chicken Goujons
with	with	with	with	with	with	with
Baked Beans	Mixed Vegetables	Baked Beans	Mushy Peas	Bread and Butter	Baked Beans	Mushy Peas

Allergen information for all dishes is available from the kitchen should it be required